



## **Forklift Class 7 Vehicle Safety Detailed Course Outline**

### **Chapter 1**

- Importance of Safety Training
- Hazard Assessment, Control & Elimination
- The Value of Life
- Communicating & Training
- Due Diligence
- Documentation
- Competent Person
- Attitude
- Culture

### **Chapter 2**

- Legislation
- Personal Protective Equipment
- What is Safe?
- Driving Strategies
- Mental Skills
- Driving Strategy: What Is It & Why Use It
- Components of a Driving Strategy
- The Driver
- Driving Hazards

### **Chapter 3**

- Forklift History
- Choosing the Right Forklift
- Parts of a Forklift
- Forklift Pre-Trip Inspection
- Mechanical Problems
- Other Concerns before Starting
- Reasons to Read the Manufacturers Operating Manual
- Forklift Inspection Report Form

### **Chapter 4**

- Driver Positioning
- Stay in the Cab
- Stretching
- Starting
- Traction
- Braking & Stopping
- Driving Concerns
- Challenging Driving Conditions
- Summary

### **Chapter 5**

- Forklift Physics
- Carrying or Lifting Loads
- Carrying or Lifting Personal
- Forklift Loading/Unloading Procedures
- Pallets
- Load Securement
- Chapter Review Quiz
  
- Forklift Acronyms & Abbreviations
- Additional Resources

### **Practical:**

Every participant will:

- Complete an inspection of the forklift
- Review the safety rules
- Drive through the courses with the aim of competency, accuracy and timing improvement when:
  - Unloading
  - Loading
  - Lifting
  - Reverse/back up to enter & exit areas
  - Tight radius turns

