



Forklift Classes 1, 4, 5 Vehicle Safety Detailed Course Outline

Chapter 1

- Importance of Safety Training
- Hazard Assessment, Control & Elimination
- The Value of Life
- Communicating & Training
- Due Diligence
- Documentation
- Competent Person
- Attitude
- Culture

Chapter 2

- Legislation
- Personal Protective Equipment
- What is Safe?
- Driving Strategies
- Mental Skills
- Driving Strategy: What Is & Why Use It
- Components of a Driving Strategy
- The Driver
- Driving Hazards

Chapter 3

- Forklift History
- Choosing the Right Forklift
- Parts of a Forklift
- Forklift Pre-Trip Inspection
- Mechanical Problems
- Other Concerns before Starting
- Reasons to Read the Manufactures Operating Manual
- Forklift Inspection Report Form

Chapter 4

- Driver Positioning
- Stay in the Cab
- Stretching
- Starting
- Traction
- Braking & Stopping
- Driving Concerns
- Driving Under Challenging Driving Conditions
- Summary

Chapter 5

- Forklift Physics
- Carrying or Lifting Loads
- Carrying or Lifting Personal
- Forklift Loading/Unloading Procedures
- Pallets
- Load Securement

- Forklift Acronyms & Abbreviations
- Additional Resources

Practical Portion

Every participant will:

- Complete an inspection form for the forklift
- Review the safety rules
- Drive through the courses with the aim of competency, accuracy and timing improvement when:
 - Unloading
 - Loading
 - Lifting
 - Reverse/back up to enter & exit areas
 - Tight radius turns

