



Snowmobile Safety Detailed Course Outline

Chapter 1:

- Importance of Safety Training
- Hazard Assessment, Control & Elimination
- The Value of Life
- Communicating & Training
- Due Diligence
- Documentation
- Competent Person
- Attitude
- Culture

Chapter 2:

- What is Safe?
- Legislation

Chapter 3:

- Riding Strategies
- Mental Skills
- Riding Strategy: What is it & Why use it?
- Components of Riding Strategy
- The Rider
- Riding Hazards

Chapter 4:

- Personal Protective Equipment
- Head Protection
- Clothing Considerations
- Clothing

Chapter 5:

- Choosing the Right Snowmobile
- Snowmobile Pre-trip Inspection
- Mechanical Problems
- Other Concerns before Starting
- Reasons We Should Read the Manufacturer's Operating Manual
- Environment
- Snowmobile Inspection Report

Chapter 6:

- Rider Positioning
- Stretching
- Starting
- Traction
- Braking & Stopping
- Riding Concerns
- Summary

Chapter 7:

- Riding Under Challenging Conditions
- Cold Water is Deadly Water
- Avalanche Safety
- Safety Equipment
- Rescue
- Passengers and Cargo
- Snowmobile Loading/Unloading Procedures
- Load Securement
- Final Concerns

Practical:

Every participant will:

- Complete an inspection of their vehicle
- Review the safety rules
- Perform load securement measures
- Drive through the following courses
 - Cornering course
 - Star course
 - Speed & braking course

Appropriate footwear, clothing and PPE (helmet and gloves, etc.) are required

